### **EDGEWOOD SUMMER CAMP**

# SAMPLE SCHEDULE

## 9am - 2pm

	900 -945	945-1045	1045-1130	1130-12	12-1245	1245-1	1-145	145-2
MONDAY	Swim	Change Games & Snack	Basketball/ GOLF	"Lunch Palooza"	Tennis	Transition Time/Chill	Swim	Dismissal "Chill & Chat"
WONDAT	SWIIII	Change Games &		7 010020	Tellilis	Time/Cim	3001111	Citat
TUESDAY	Swim	Snack	YOGA		Tennis		Dodge Ball	
		Change Games &						
WEDNESDAY	Swim	Snack	SOCCER		Tennis		USSI	
THURSDAY	Swim	Change Games & Snack	Lacrosse		Tennis		Gaga	
						1		
		Change/USSI					Special	
FRIDAY	Swim	& Snack	Karate Club		Tennis		Event	

<sup>\*</sup>Schedules are Subject to Change\*

#### **DAILY ACTIVITIES**

**SWIM:** 30 minutes instructional swim, 15 minutes supervised free swim under the supervision of the Aquatics Director, Swim Instructors, Lifeguards & Camp Counselor. Mondays we conduct swim tests & our campers enjoy Double Swim Mondays!

**TENNIS:** All lessons are conducted in the afternoon. Campers are evaluated daily and grouped according to their abilities/progress.

**USSI** (US SPORTS INSTITUTE)/Sports :All Day Multi-Sports Program facilitated by a certified sports specialist responsible for the development & facilitation of the sports activit A new sport will be introduced daily: Field Hockey, Pillo Polo, Lacrosse, Soccer, Flag Football, Dodge Ball & the list goes on. The goal is to Have Fun!

#### **WEEKLY SPECIALS: 1X PER WEEK**

Basketball, Yoga, Soccer, Karate Club (fun & games as we learn safe Karate moves), Arts & Crafts

Friday Fun Day/Special Event: Extra fun with a Bouncy House, Ice Cream Truck, Obstacle Course, Reptile Show, Camp Wide STEM PROJECT. Each week brings something new!

APRIL/MAY We will begin our Email Blasts in preparation for Camp!

Welcome Letters: emailed a weekend prior to the start of your child schedule start date. Will include assigned group, week's schedule, etc..

### **EDGEWOOD SUMMER CAMP**

# SAMPLE SCHEDULE 9am - 4pm

	900 -945	945-10	10-1045	1045-1130	1130-12	12-1245	1245-1	1-145	145-2	2-245	3-345	345-4
		Transition							<b>Transition</b>			Dism.
	Basketball/	Time &		Change &	"Lunch		Transition		Time &	Dance		"Chill &
MON	USSI	Snack	Swim	Games	Palooza"	Golf	Time/Chill	Tennis	Snack	Party	Swim	Chat"
		Transition							Transition			
		Time &		Change &					Time &	Flag	PICKLE	
TUES	YOGA	Snack	Swim	Games		USSI		Tennis	Snack	Football	BALL	
		Transition							Transition			
		Time &		Change &		Track &			Time &			
WED	SOCCER	Snack	Swim	Games		Field		Tennis	Snack	Gaga	USSI	
		Transition							Transition			
		Time &		Change &					Time &	Arts/	Dodge	
<b>THURS</b>	Lacrosse	Snack	Swim	Games		USSI		Tennis	Snack	Crafts	Ball	
		Transition							Transition			
	Karate	Time &		Change &		Special			Time &			
FRI	Club	Snack	Swim	Games		Event		Tennis	Snack	Gaga	USSI	

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